

# BARBARA CHILTON MIDDLE SCHOOL

## ATHLETIC HANDBOOK



4581 Bob Doyle Drive  
Roseville, CA 95747  
916-771-1870

### PHILOSOPHY

We believe that athletic competition is a necessary process for the development of the student/athlete. We believe that the purpose of athletics is to assist the student/athlete in developing playing skills, respecting coaches, teammates and opponents, respecting rules and officials, maintaining good health and physical fitness, practicing good sportsmanship and remembering that participation is a privilege and carries responsibilities. We also believe that the middle school athletics is a competitive learning experience for all student/athletes. There will be a concerted effort to have all players participate; however, any and all playing time must be earned—there is no minimum playing time.

### Athletic Contribution

*Each athlete is urged to contribute \$60 to the athletic department.* These funds will offset the expenses of our athletic program including league fees, equipment, uniforms, referees, and transportation.

### PARTICIPATION/ELIGIBILITY

1. No student may participate in athletics if they are **below the passing standard (70%) in more than one class.**
2. A student must be **academically** eligible as of the most recent official grading period in order to participate in try-outs. Once selected for a team, grade checks will be conducted at each official grading periods (six-week progress reports and at the end of the trimesters). If a student does not meet the criteria at the progress report grade check time, he/she has five (5) school days to meet the eligibility criteria. *At the end of any trimester, all grades are final.*
2. **Behavior standards.** Students are expected receive passing grades on the **academic behavior portion** of their grades in all their six classes. Excessive behavior

referrals will result in administrative decision on further participation in extra curricular sports.

3. If a student is dismissed from a team for behavior or grades, the dismissal is for all games as well as practices. The uniform will also be turned in to the coach or Athletic Director.

4. **F.I.S.A.L. Rule: No athlete may practice or play on any team (club, comp, city rec, church, etc.) in the *same* sport at the same time as the school during the league season. Violation of this rule will result in forfeited games.**

### SCHOOL and PRACTICE ATTENDANCE

Coaches recognize the importance of school attendance and expect the athletes to establish good attendance patterns. Students who participate in athletics make a commitment to a team and are expected to maintain good practice attendance.

1. Athletes need to attend school daily.
2. Students failing to comply with the district attendance policy will be referred to their coach for discipline.
3. Students are expected to attend all practices and contests unless they are absent from school due to illness or the coach excuses them. Athletes are expected to communicate directly with the coach when they cannot attend a practice.
4. Unexcused absences from practices, or failure to maintain good attendance, may be cause for removal from a team.
5. Coaches may adopt individual rules for practice and contest attendance.

### EQUIPMENT and UNIFORMS

The Chilton athletic department provides a great deal of money and pride to maintain and purchase proper equipment and uniforms. Equipment and uniforms must be handled properly to maintain accurate records and to teach the students responsibility.

1. Students are expected to turn in the same uniform and/or equipment checked out to them.
2. Uniforms and equipment should be returned in the same condition that it was received and should be cleaned and washed before returned.
3. Students are responsible for the security of their equipment and uniforms. Students will be financially responsible for replacing any lost or stolen equipment or uniforms. In some cases, the replacement fee may be higher than the original purchase price because special processing and printing may be required to duplicate the uniform or equipment.
4. No certificates or pictures will be issued until all equipment is returned and/or paid for unless otherwise determined by the involved coaches.
5. Students must return or pay for all equipment/uniforms before they can participate in another sport. Arrangement for repayment may be made with the athletic director.
6. All equipment and uniforms are due within one week of the last contest. Late fees may apply.

## **GENERAL BEHAVIOR**

### **Player Responsibility:**

1. You are a role model for your peers and will represent your school with the utmost sportsmanship.
2. Treat teammates, opponents, and spectators with respect.
4. Exercise self-control at all times, accepting decisions and abiding by them.
5. Respect the official's judgment and interpretations of the rules.
6. Never argue or make gestures indicating dislike for a decision.

7. An athlete will not steal, damage, deface, or possess without permission a teammate's property, school property, or another schools' property.
8. If a player is ejected from an athletic event for any reason, they will also be suspended from the next game. They may sit the bench but not suit up in uniform.
9. School rules will be enforced during practices and games.
10. Playing time is earned and I may or may not play in any or all games.

### **Parent Responsibility:**

1. Please only make positive comments.
2. All athletic tryouts and/or practices are closed unless given permission by the coach.
3. Parents are not to be on fields during track or football games or practices.
4. Do not coach from the stands. This will only confuse your child and force him/her to make the uncomfortable decision to listen to the parent or the coach (this is a no win situation for your child).
5. Please set up a meeting with the coach to ask any questions or express concerns. Do not approach the coach before, during or directly after a game.

\*Appropriate concerns to discuss during meeting with a coach: treatment, ways to help improve, behavior, emotional and/or academic performance.

- \*Coach's decisions & discretion: playing time, team strategy, positioning, team selection, other student-athletes.
6. Do not heckle, make comments or approach a referee or official.
  7. Ejection from a contest will result in a meeting with the athletic director and site administrator.

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## **F.I.S.A.L.**

### **STATEMENT OF CONDUCT**

**AT ALL TIMES WHILE ON A F.I.S.A.L. CAMPUS, COACHES/PLAYERS/FANS WILL CONDUCT THEMSELVES IN A MANNER CONSISTENT WITH GOOD SPORTSMANSHIP.**

**IF YOU FAIL TO CONDUCT YOURSELF APPROPRIATELY YOU WILL BE ASKED TO LEAVE THE SCHOOL CAMPUS.**

The F.I.S.A.L. web page provides schedules, records and directions to all of the F.I.S.A.L. schools.

<https://sms-dcjesd-ca.schoolloop.com/> (Silverado Middle School website; click athletics, then click F.I.S.A.L.)

**PLEASE SIGN the VAC form BELOW AND RETURN TO YOUR COACH ON THE FIRST DAY OF PRACTICE.**

### Voluntary Athletic Contribution

In order to continue our athletic programs at Chilton Middle School we are asking parents for a Voluntary Athletic Contribution (VAC) or \$60.00. Please make checks payable to Chilton Middle School. *These funds will offset the expenses of our athletic program including league fees, equipment, uniforms, referees, and transportation*

[ ] I wish to make a voluntary contribution in the amount of \$ \_\_\_\_\_ (list amount).

[ ] I wish to contribute in another way (explain): \_\_\_\_\_

[ ] I am unable to donate to the program at this time.

- If there are questions or concerns about the athletic contribution, please contact your school's Athletic Director, Darvin Beaman. (dbeaman@rcsdk8.org)

I certify that all of the information above is true and correct and understand that this contribution is non-refundable.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

### ***Athletic Handbook***

MY SIGNATURE BELOW INDICATES THAT I HAVE READ THE ENTIRE CONTENTS OF THE CHILTON MIDDLE SCHOOL ATHLETIC HANDBOOK AND AGREE TO ABIDE BY THE STATED RULES AND POLICIES.

Sport: \_\_\_\_\_ STUDENT'S NAME (Print) \_\_\_\_\_

STUDENT SIGNATURE \_\_\_\_\_ PARENT SIGNATURE \_\_\_\_\_

DATE \_\_\_\_\_ \*EMAIL \_\_\_\_\_

----- **For Tax Purposes** -----

◇ Voluntary Athletic Contribution to Chilton Middle School

A donation in the amount of: \$ \_\_\_\_\_ Made on Date: \_\_\_\_\_

